



HART Hub Waterloo Region



HART Hub Waterloo Region connects you to care, recovery, and housing supports, in the trusted spaces you already know.

What is HART Hub Waterloo Region?

The HART Hub Waterloo Region (HHWR) provides caring and coordinated support to meet immediate needs, and help people build stability while facing, housing, mental health, and substance use concerns in Waterloo Region.

Who is HART Hub for?

The HART Hub Waterloo Region supports individuals who:

- Are experiencing homelessness or housing instability
- Are facing challenges related to mental health and/or substance use
- Experience barriers to accessing health and social services
- Are interested in coordinated supports to make changes to their substance use

WHO



HART Hub Waterloo Region offers guidance, resources, and information to help individuals make informed choices about their health, recovery, and housing.



HART Hub Waterloo Region's network of services are designed to strengthen & expand resources to deliver compassionate care that truly supports you, at whichever stage of change you are at.

Services at a Glance

- ✓ Mobile primary care + extended weekend & evening hours
- ✓ Social Work and Social Supports
- ✓ Addiction Counselling
- ✓ Rapid Access to Addiction Medicine (RAAM)
- ✓ Land-based supports
- ✓ Employment supports
- ✓ Supports related to basics needs (food, showers, laundry)
- ✓ Intake and System navigation
- ✓ Community Withdrawal Supports
- ✓ Mental Health Supports
- ✓ Transitional Housing
- ✓ Live-in Treatment Connections

